

Stroke Information Resources

The Noble Learning Resource Center is open to patients of Shepherd Center and their families. Located on the first floor of the Shepherd Building, near the tunnel, the library is open Monday - Friday 9:30AM - 4:30PM. The library offers medical reference books, journals and computer access. The phone number for the library is 404.350.7473.

Recommended Books

After Stroke: enhancing quality of life by Wallace Sife

American Heart Association family guide to stroke treatment, recovery, and prevention by Louis R. Caplan

Living with stroke: a guide for families, 3rd ed. by Senelick, Richard C. & Karla Dougherty

My stroke of insight: a brain scientist's personal journey by Taylor, Jill Bolte, Ph.D.

One Hundred Names for Love: A stroke, a marriage, and the language of healing. By Diane Ackerman

Recovery after stroke edited by Barnes, Michael P., Bruce H. Dobkin, Julien Bogousslavsky

Striking back at stroke: a doctorpatient journal by Hutton, Cleo & Louis R. Caplan

Stroke and the family: a new guide by Stein, Joel, M.D.

Stroke sourcebook: basic consumer health information about stroke, including ischemic, hemorrhagic, transient ischemic attack (TIA) edited by Shannon, Joyce Brennfleck

The brain that changes itself: stories of personal triumph from the frontiers of brain science by Norman Doidge

Web Site Resources



American Stroke Association www.strokeassociation.org

Brain Injury Peer Visitor www.braininjurypeervisitor.org

Brain Injury Resource Foundation www.birf.info

Canadian Best Practice Recommendations for Stroke Care www.strokebestpractices.ca

Evidence-Based Review of Stroke Rehabilitation http://ebrsr.com/resources.php

Family Caregiver Alliance www.caregiver.org

MedlinePlus http://medlineplus.gov

National Institute of Neurological Disorders and Stroke www.ninds.nih.gov

National Stroke Association www.stroke.org

StrokEngine http://strokengine.ca

Resources for Complementary & Alternative Medicines



- Acupuncture
- Aromatherapy
- Hyperbaric Oxygen
 - Massage
 - Meditation
 - Tai Chi
 - Yoga

*ALWAYS consult your physician before beginning any of these therapies.

Recommended web sites to review:

National Center for Complementary and Alternative Medicine from the National Institute of Health http://nccam.nih.gov/

Alternative Therapies for Stroke Treatment http://tinyurl.com/86q29x9

Complementary and Alternative Therapies from the AHA http://tinyurl.com/7zejzjt

Stroke journal editorial – "Herbal Medicine in Stroke: Does it have a future?" http://tinyurl.com/6twxtsw

BMC Complementary & Alternative Medicine research article – "The use of alternative therapies in the Saskatchewan stroke rehabilitation population" http://tinyurl.com/7g3gjhe

Evidence Based Complementary and Alternative Medicine article – "Patterns of using complementary and alternative medicine by stroke patients at two university hospitals in Korea" http://tinyurl.com/7lyok6d

National Institute of Health Senior Health video list of complementary and alternative medicine http://tinyurl.com/7dqq6vf

National Stroke Association Stroke Smart Magazine article – "Hyperbaric Oxygen Therapy Debate" http://tinyurl.com/5dfzfw

If interested in participating in Stroke Research visit www.ClinicalTrials.gov

(Search by state and age group in the advance search settings)