

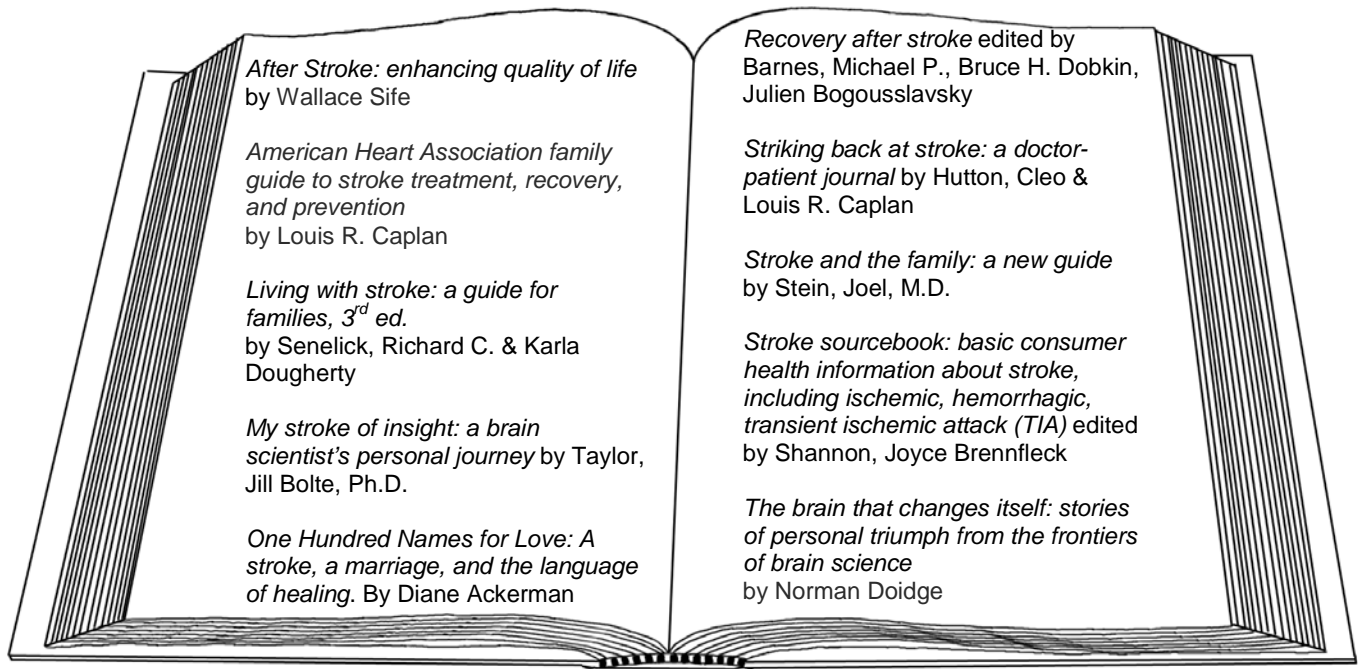


## Stroke Information Resources

*The Noble Learning Resource Center is open to patients of Shepherd Center and their families. Located on the first floor of the Shepherd Building, near the tunnel, the library is open Monday - Friday 9:30AM - 4:30PM. The library offers medical reference books, journals and computer access. The phone number for the library is 404.350.7473.*

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### Recommended Books



### Web Site Resources



American Stroke Association  
[www.strokeassociation.org](http://www.strokeassociation.org)

Brain Injury Peer Visitor  
[www.braininjurypeervisitor.org](http://www.braininjurypeervisitor.org)

Brain Injury Resource Foundation  
[www.birf.info](http://www.birf.info)

Canadian Best Practice Recommendations for Stroke Care  
[www.strokebestpractices.ca](http://www.strokebestpractices.ca)

Evidence-Based Review of Stroke Rehabilitation  
<http://ebrsr.com/resources.php>

Family Caregiver Alliance  
[www.caregiver.org](http://www.caregiver.org)

MedlinePlus  
<http://medlineplus.gov>

National Institute of Neurological Disorders and Stroke  
[www.ninds.nih.gov](http://www.ninds.nih.gov)

National Stroke Association  
[www.stroke.org](http://www.stroke.org)

StrokEngine  
<http://strokengine.ca>

## Resources for Complementary & Alternative Medicines



- Acupuncture
- Aromatherapy
- Hyperbaric Oxygen
  - Massage
  - Meditation
  - Tai Chi
  - Yoga

\*ALWAYS consult your physician before beginning any of these therapies.

### Recommended web sites to review:

National Center for Complementary and Alternative Medicine from the National Institute of Health  
<http://nccam.nih.gov/>

Alternative Therapies for Stroke Treatment  
<http://tinyurl.com/86q29x9>

Complementary and Alternative Therapies from the AHA  
<http://tinyurl.com/7zejzjt>

Stroke journal editorial – “Herbal Medicine in Stroke: Does it have a future?”  
<http://tinyurl.com/6twxtsw>

BMC Complementary & Alternative Medicine research article – “The use of alternative therapies in the Saskatchewan stroke rehabilitation population”  
<http://tinyurl.com/7g3gjhe>

Evidence Based Complementary and Alternative Medicine article – “Patterns of using complementary and alternative medicine by stroke patients at two university hospitals in Korea”  
<http://tinyurl.com/7lyok6d>

National Institute of Health Senior Health video list of complementary and alternative medicine  
<http://tinyurl.com/7dq6vf>

National Stroke Association Stroke Smart Magazine article – “Hyperbaric Oxygen Therapy Debate”  
<http://tinyurl.com/5dfzfw>

**If interested in participating in Stroke Research visit**  
**[www.ClinicalTrials.gov](http://www.ClinicalTrials.gov)**

(Search by state and age group in the advance search settings)